



TYLER SPARTANS' GUIDELINES - PLAYERS

GENERAL GUIDELINES

- Represent your team and the Tyler Spartans organization in a positive manner and always display good sportsmanship.
- Maintain good grades, it will open the door for more opportunities.
- Speak with your head coach if you have questions about playing time and/or positions.
- Come physically and mentally prepared to give 100% effort in practice and games. **Players that consistently walk on and off the field, complain and have poor attitudes will be benched.**
- Be respectful to all players on the team. No altercations, fighting, and/or bad-mouthing teammates or coaches.
- **NO excessive taunting, bad sportsmanship, intent to injure another player, or ejections during games.** Keep your celebrations respectful.
- **No throwing helmets or any other equipment. You will be removed from the game, even if it costs your team an out when your at-bat comes up. Mike Trout goes 0-4, learn how to deal with failure. No one cares how much you pout. DO NOT USE PROFANITY ON THE FIELD!**
- If you are injured outside of baseball practice/games, let us know as soon as possible.
- Keep cell phones on silent in your bag unless instructed otherwise by the coaching staff or if you have a medical condition that requires constant monitoring. At times we will allow you to record your mechanics on your phones for training purposes.
- Holding a full conversation with your parents, friends/girlfriend during the game for anything other than an injury/emergency will result in loss of playing time.
- No eating during games (Exceptions: small snacks such as fruit, protein bars, seeds, gum, etc.) OK to eat in between doubleheaders. Get water and all drinks before the game.
- **DO NOT use tobacco products (Vaping, Cigarettes, Cigars) consume alcohol, or use illegal drugs.**
- If we are in a team hotel and there is a complaint from the staff due to disruptive behavior. You will be benched the following game.



COMMUNICATION & SOCIAL MEDIA

- **PARENT-COACH COMMUNICATION FIRST.** Player BAND groups will be created for teams 13U & up. Players are not required to join. Youth BAND groups will be used for posts ONLY, not group chats. High school BANDS will be allowed to have 1 group chat in BAND, players will lose the group chat privilege if it is not kept appropriate.
- Youth Players: Players should not text message coaches unless a parent is included in the text group. Players should use BAND/email to ask a coach a baseball related question or communicate, with parent's permission. Players should not communicate with coaches on social media, PS5, X-Box, mobile games, etc. For players' safety/protection, your parents are suggested to monitor your social media, messaging, friend groups, etc.
- High School Players: Players should communicate with their coaches via BAND, text as a last option for baseball related communications or emergencies with parent permission. Players should not message coaches/staff on social media, or add coaches/staff on PS5, X-Box, mobile games, etc. For players' safety/protection, your parents are suggested to monitor your social media, messaging, friend groups, etc.
- Be mindful of what you post online, this includes but is not limited to TikTok, Snapchat, Instagram, Facebook, Twitter, YouTube, Twitch, Message Boards, etc. Represent your family, school & organization well.
 - Everyone has access to the internet. We look at your TikTok, Instagram, etc. and so will college/pro coaches. **Posts, reposts, and comments that are not representing the organization in a positive manner will be reported to your parents and subject to removal of the organization depending on the severity.**
 - Players that are bullying, or posting harmful content on social media will be suspended or removed from the team roster.

UNIFORM & ATTIRE

- Players should always have the proper and correct baseball attire from arrival to departure of practice & games. This includes correct uniform colors, pants on, hat on straight, jersey tucked in, belt on, correct color & length of socks, cleats/turfs on.
 - No slides, flip-flops, Crocs, HeyDudes at team practices & games. Wear turfs or cleats to and from parking lot.
 - No changing into shorts directly after the game, change when you get to your car.
 - Coaches will instruct you when it is OK to practice in shorts.



- We will not take the field with hoodies on during the game, wear cold gear sleeves or 2-3 sleeves if you must. Hoodies are OK for warm-ups (Coach's discretion).
- If your hat is constantly falling off your head while pitching or playing the field, you will be removed from the game. Use a headband or get a hat that fits.
- No taking shirts off at or around scheduled team practices & games.
- No excessive jewelry, wristbands, chains, eye-black or unbuttoned jerseys.
- Your shins & kneecaps should not be showing, wear longer socks or purchase heat-gear tights that are the same color as your socks. If pants are worn up, they should be right at the knee or below, not mid-thigh.
- Players are expected to keep a professional and clean look.
 - No unkept hair or bangs in front of the hat while on.
 - No beards that are overgrown and unkept. (You should always want to look as young as possible to college/pro scouts.)
- Please wear deodorant and practice good hygiene.

EQUIPMENT

- No sliding mitts on the field of play unless you are up to bat.
- Always have sunglasses with you.
- Until you win a Gold Glove in professional baseball, all infielders and catchers are required to wear a protective cup. Pitchers and outfielders are exceptions.
- Equipment and gear should be team colors or neutral, no hot pink, neon green/blue colors for bats, batting gloves, shin guards, gloves, etc. Pitchers cannot pitch with white or light gray gloves. **(If a purchase has already been made, we will allow it. Your next purchase should be a team color or neutral color.)**
 - Use black batting helmets.
 - Use black or red sleeves.
- Players should **ALWAYS** have a pair of turfs/shoes available. Most artificial mounds do not allow molded or metal cleats. Molded cleats are preferred over metal due to the amount of turf fields that we play on at the high school level. Most facilities will not allow metal spikes on the turf at any position.



- Do not doctor the baseball, bat, or any equipment with excessive pine tar or any performance-altering substance. Players tossed from a game will be suspended the following game or the remainder of the tournament.

**All violations may result in the following: sprints/laps, loss of playing time, suspension, or removal from the team roster. **

If you think these guidelines are excessive, wait until you get to college or pro baseball.

We will not lie to college/pro scouts, coaches, or recruiters about your attitude, work ethic & talent level! Put in the work!