

TYLER SPARTANS' GUIDELINES - PLAYERS

PLAYING TIME

- If you have concerns about playing time or positions, speak directly with your head coach.

PLAYER CONDUCT

Respect & Sportsmanship

- Represent yourself, your family, your team, and the Spartans organization with integrity.
- Show respect to coaches, teammates, umpires, and opponents at all times.
- No fighting, bad-mouthing, intent to injure, or altercations with teammates or opponents.
- Keep celebrations respectful—no excessive taunting or unsportsmanlike behavior.

Effort & Attitude

- Arrive mentally and physically prepared to give 100% effort in practices and games.
- Players who walk on/off the field, complain, or show a poor attitude will be benched.

Discipline & Responsibility

- Throwing equipment (bats, helmets, gloves, etc.) may result in immediate removal from the game.
- No use of tobacco, nicotine, alcohol, or illegal substances. Per NFHS rules, ANYTHING THAT RESEMBLES nicotine or tobacco during games calls for immediate ejection of player and coach.
- Players injured outside of baseball should notify the coaching staff as soon as possible.

Team Hotel Conduct (Travel Tournaments)

- No running or playing in hallways, disturbing the peace, or causing complaints to the front desk.
- Poor hotel behavior will result in loss of playing time.

COMMUNICATION & SOCIAL MEDIA

Communication with Coaches

- Youth players (13 & under) - all communication will go through parents first.
- High school players (14 & older) - may use BAND for baseball-related matters; texting only in emergency situations and only with parent permission.

Team Group Chats & Social Media

- Player BAND groups (14U & older) are for schedules and updates. Group chat privileges will be revoked if the chat is not kept appropriate.
- No adding or messaging coaches on social media, gaming platforms, or unrelated group chats.
- Be mindful of what you post—college and pro scouts will check your social media.

- Any form of bullying or inappropriate content will result in suspension or removal.
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PRACTICE & GAME EXPECTATIONS

Punctuality & Preparation

- Arrive on time and in full uniform. Being late without prior notice may result in reduced playing time.
- Players should bring at least half a gallon of water for practices and games during the summer months.
- No eating in the dugout during games (light snacks are allowed).

On-Field Conduct

- Players should not look to the stands for instruction or follow parent directions instead of coaches.
 - No use of cell phones in the dugout unless there is a medical reason.
 - If a player is ejected from a game, additional consequences may follow.
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UNIFORMS & APPEARANCE

Practice & Game Attire

- No sliding mitts on the field unless batting or running the bases.
- If your cap is constantly falling while pitching or making a play, you will be removed from the game.
- No hoodies over jerseys during games.
- Players must arrive and leave in full and proper baseball attire—wear turfs to and from the dugout. No slides, Crocs, flip-flops or open-toed shoes.
- No changing into shorts before leaving the field—change in the car if necessary.
- When we do allow shorts for practices or between games of a tournament, please make sure they fit properly and are not too short.

Professional Appearance

- Jerseys must be buttoned up, and pants worn properly.
 - Socks must be long enough to cover shins and knees.
 - No excessive jewelry, wristbands, chains, or eye black.
 - Hair should be kept groomed — no bangs in front of the face when wearing a cap, and facial hair should be well-maintained.
 - Wear deodorant and maintain good hygiene.
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EQUIPMENT REQUIREMENTS

Game & Practice Gear

- Sunglasses are required. Always have a pair available.
- Protective cups are mandatory for infielders and catchers. Pitchers and outfielders are exceptions.
- Pitchers must not use white or gray gloves to pitch in.
- Sleeves should be black or red.
- No sliding mitts on the field unless batting or running the bases.
- When buying equipment and accessories please stick with team colors as much as possible - we try to limit hot pink and neon colors to maintain a professional look.

Footwear

- Always have turfs/shoes available for pitching; many artificial mounds prohibit metal or molded cleats.
- Molded cleats are preferred over metal due to frequent play on turf fields.
- Turf or athletic shoes don't provide enough traction on turf or natural surfaces. All players should wear molded cleats on turf fields, except pitchers, who may get better grip with turfs on artificial mounds.

No Equipment Tampering

- No doctoring baseballs, bats, or gear with illegal substances.
- Any ejection for illegal equipment will result in additional suspension.

CONSEQUENCES FOR VIOLATIONS

Violations may result in:

- Extra conditioning (sprints/laps)
- Loss of playing time
- Removal from the team